



Ham, cheese and tomato Omelet Suitable for Celiacs

Ingredients

Mozzarella

50g.

Ham

50g.

Tomato

½ unit

Egg

1 unit

Oregano-spice

1 tbsp.

Salt and pepper

to taste

Preparation:

Dice the ham, mozzarella and the tomato in 1 cm cubes. Whip the egg in the TartaExpress and add all the ingredients and spices.

Cover and cook at full power for about 1 ½ minute.

Mix the tuna, the onion, the pepper, the herbs, the bread crumbs, the egg and the flour in the TartaExpress. Cover the preparation, cook at full power for about 2 minutes. Then, uncover and cook for other 2 minutes. Use gluten-free ingredients.

