



## Spinach soufflé

### Ingredients

Eggs

1 unit

Frozen spinach

a handful

Salt and pepper

Necessary quantity

Flour

1 tsp.

### Preparation

Process all the ingredients. Place the ingredients in the MiniSoufflé. Cover and slightly hit the base against the kitchen counter for about 30 secs.

Cook at full power for about 1 ½ minute. Once cooked, cool down for about 3 minutes and unmold.

