



Broccoli Snacks Suitable for celiacs

Ingredients

Gluten-Free Flour

150 g.

Gluten-free flour baking powder

1 coffee spoon

salt

To taste

Eggs

2 units

Milk

200 c.c.

Butter

2 tbsps

Lemon juice

2 tbsps

Frozen broccoli

2 units

Preparation

Cut up the broccoli in 1 cm small cubes.

Stir all the ingredients until obtaining a homogeneous mixture.
Fill in the MiniSoufflee until half capacity and cook at full power for 1 minute. Repeat the procedure until the mixture is completed.

Alternative: If you want to prepare the snack with fresh broccoli, you can previously cook the vegetable in the MultiCoccion cavities, covered and at full power for about 3 or 4 minutes.

