



Roquefort Express Chicken

Ingredients:

Boneless Chicken breast

500 gr.

Roquefort

100 gr.

Cream

200 gr.

Chopped walnuts

50 gr.

Salt and pepper

to taste

Procedure:

Dice the Chicken into cubes of 2 centimeters. Mash the Roquefort until having a paste. Put these ingredients in the MicroChef Pot together with the cream, add salt and pepper and mix well. Put the lid on and microwave for 3 minutes on high. Afterwards stir the preparation and microwave for 3 more minutes on high. Then mix let it settle for 2 minutes and serve with the chopped walnuts on top.

